



TAKE FIVE TO MEET CHAMBER MEMBER

Salina Spine, Sport *and* Rehab

What service/product do you provide?

Chiropractic, Rehab, Sports Medicine

When did you start your business and why? I started my business in the fall of 2020 just after moving back home to Salina from practicing in Texas. I decided to start my own business because I felt like there are services that I could offer in Salina that aren't currently available for treating musculo-skeletal injuries.

Anything else you would like the community to know?

I have 5 sisters and growing up we were all very heavily involved in sports. We didn't plan it, but half of us siblings even played sports for Kansas Wesleyan University, and I even stuck around to play a season for the Salina Bombers arena football during their inaugural season.

What is something that no one knows about you?

I'd say there isn't much most people don't know about me, but an interesting fact some people might not know is that I enjoy competing in CrossFit competitions and I spend a decent amount of time training for that.

Tell us a memorable experience that you have had in your business:

For me, I get a big smile when in only a few visits patients are telling me I've helped them resolve their injury and get back to doing the things they enjoy. Just recently I had an older gentleman who had been dealing with low back pain for many weeks come in for care. In three visits he was telling me he was over 100% improved and now he can get ready for a big camping trip he had planned thanks to me.

Why is being a Salina Area Chamber of Commerce member important?

I've lived in a handful of other cities and pretty soon you realize it's the small businesses and everyday folks that really keep the community going and it's those same people you want to support. So for me, being a member of the Salina Area Chamber of Commerce is a way to stay involved in the community and show support to local Salina businesses.



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